

# Howlong Public School Newsletter

Thursday 21 February 2019



## PRINCIPALS REPORT

### Important Health and Safety Information—New Procedures

#### *Parents/carers—Visiting school during school hours, 9:00-3:00.*

It is important that all visitors report to the Administration Office upon arrival. This is a Health and Safety requirement.

If you are dropping your child off late, or picking up early, you should report to the office and not the classroom.

If you are dropping off lunches, equipment etc, you should report to the office and not the classroom.

If you visit classrooms or the playground during these hours, you will be asked to show your visitors pass so that we know that you have followed these procedures.

#### *Parents/carers—Drop Off and Pick Up*

As part of our Positive Behaviour For Learning process, strategies have been devised by staff and students to make drop off and pick up easy.

Students are learning that at drop off time it is **Drop and Go**. As such, students expect that parents will say goodbye and go, and then they will unpack, head to the playground for social time before school. Please support your child in this process.

**Pick up time is 3:00pm.** Currently we have a number of parents who are arriving quite early and are tending to gather close to the classrooms. As you can appreciate, this is distracting to both students and teachers as they complete lessons and other classroom procedures.

It is also becoming a health & safety issue as parents congregate in the walkway outside classrooms.

If you arrive early, you are kindly asked to either wait outside the school gates for pickup or sit on the silver seats near the Cola and wait for your child/children.

We would appreciate your cooperation and understanding with these new procedures.

Gail Krause

Principal



## Dates For Your Calendar

<b>Fri 22 Feb</b>	SRPSSA Swimming Carnival
<b>Fri 1 March</b>	Clean Up Australia Day
<b>Tues 12 March</b>	P&C AGM 7.30pm
<b>Wed 3 April</b>	School Photos



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## P&C NEWS

Hi Everyone

Announcing **Tuesday 12th March at 7.30pm** will be our Annual General Meeting for 2019. As so many of you know in past years it has been difficult to get together the numbers to keep the school P & C operating. Essential services such as the canteen and uniform shop are contingent on our P & C continuing so your participation will be a great help.

If you are not currently a financial member of the P & C you can do so by making your \$2 payment at the canteen, or directly to Danielle (treasurer) on the night. Only financial members are eligible to vote.

At this meeting, all office bearer positions will be vacated and re-elected. These are:

President

Vice-President (2)

Secretary

Treasurer

General Committee members will also be required on the night.

**If you are not able to attend the AGM please submit your apologies by email to me, and indicate in writing if you are happy to accept a nomination to a position, or wish to nominate yourself to a position.**

A brief general meeting will follow on the night.

We sincerely hope to see you there.

Thanks

Joel Steers

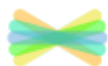
Acting Secretary

## COMMUNICATION AT HOWLONG PUBLIC SCHOOL

At Howlong Public School we have many ways of communicating. These include the newsletter, Seesaw, Skool bag app, facebook, our webpage and hard copy written notes.

Our newsletter is always a good source of information and is displayed each week on the website, the skoolbag app, seesaw and email. If you are not currently being emailed our newsletter and you would like to do so please contact the office with your email address. Hard copies are also available on request.

If you have any questions regarding the above contact our school office.



Seesaw



Find us on:  
**facebook®**

SkoolBag 

CANTEEN	ROSTER
22/2/19	Regan Lions
1/3/19	Claire Taggart
8/3/19	Dannielle Gulbin
15/3/19	Fiona Ballintine
22/3/19	Jo Merritt
5/4/19	Carley Alchin
12/4/19	Regan Lions



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## SRC Representatives 2019



Ella McDonnell, Jaxon Cooper, Chase French, Emma Gardiner, Nicholas Tukuniu, Gabby Beardall, Luke Steers, Lily Kiely, Maddison Taggart, Mia Howard, William Bell, Charlotte Chant, Diesel Lions, Olivia Farnsworth, Amelia Parcsi, Cooper Kirk, Jade Breden and Teddy Cann.

## House Captains 2019



**Hawdon Captains** Noah Orchard, Audrey Hogan **Vice Captains** Rory McMahon, Ella McMahon

**Hume Captains** Harry Tindall, Charlotte Baggio **Vice Captains** Sam Ashman, Lily McDonald

**Hovell Captains** Dane Fenner, Brandi Chisnall **Vice Captains** Charlie Pumpa, Charlotte Shepherd

**Mitchell Captains** Hunter Hall, Sienna Arnold **Vice Captains** Baxter Hamilton, Violet Wright



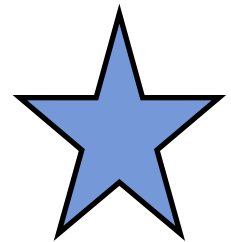
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# 'Strive for Success'



This week our **Strive for Success** (PBL) focus is 'Drop and Go'. Students need to make sure that when they arrive at school they place their bag on their hook and then head out into the playground, where the teacher on duty is supervising. The same goes for at lunch when students are putting their lunch boxes away and then head out to play. The students seen doing this will receive a Strive for Success ticket. Have a chat with your child about this week's focus.



## Howlong Public School Swimming Carnival

Our age champions for our swimming carnival are Senior boys champion Robbie Bailey, Senior Girls champion Charlotte Baggio, 11 years boys champion Harrison Tindall, 11 years girls champion Maddie Merritt, Junior boys champion Oliver Just and Junior girls champion Evie Lavis. Congratulations to these students.



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## Cooking with 5/6

This week in SAKG we made a spinach dip. We used spinach, 40g of French onion soup, sour cream, cream cheese and water. We then mixed it together with a master blaster. We then were given the chance to try the dip on a lightly salted corn chip it was very strong but many students enjoyed it and we all look forward to cooking again.

By Lachlan Bottrell and Jacob Panther





# Healthy Mouths for Kids at School

Dental information for parents & carers

## Drink Well

Make tap water your family's drink.



## Did you know?

Children with tooth decay can have trouble eating, sleeping and focusing in class.

Avoid tooth decay by brushing teeth twice a day and limiting sugary food and drink.

## Clean Well

Brush teeth after breakfast and before bed. Help children brush until they are 8 years old.



## Eat Well

Offer healthy snacks like cheese, veggie sticks, fresh fruit & plain yoghurt.

## Play Well

A well fitted mouthguard can reduce the risk of injury.

## Stay Well

Children should have regular dental checks.



## Did you know?

General dental treatment for children under 18 years of age is free at all NSW Public Dental Services. Some children may also be eligible for the Commonwealth Child Dental Benefits Schedule (CDBS), which are bulk billed in public Dental Services. For more information about CDBS in NSW Public Dental Services visit: [www.health.nsw.gov.au/cdbs](http://www.health.nsw.gov.au/cdbs)

Murrumbidgee

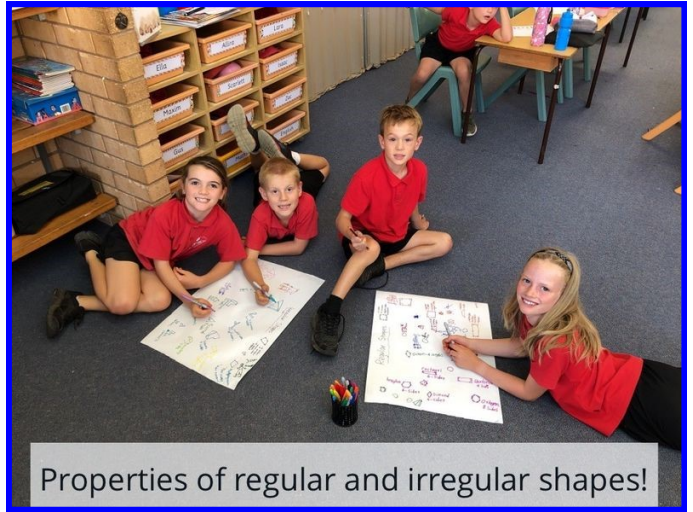
Southern NSW

1800 450 046

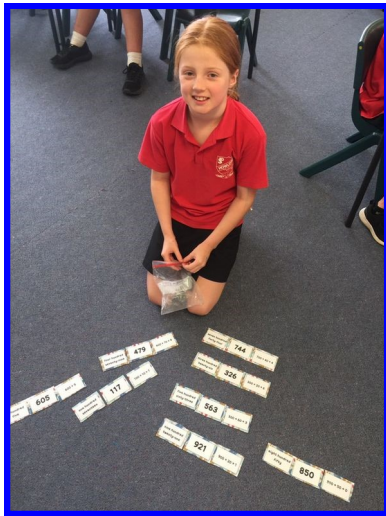


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Properties of regular and irregular shapes!



Our students have been very busy in classes this week, enjoying their learning.



Making 2D Shapes



Isaac is making 2D shapes fun!







# Engaging Adolescents™

**2 session program:  
Friday 5th April 2019  
Friday 12th April 2019**

**9.30am to 1.30pm**

**Mission Australia  
Level 1, Suite 1,  
463 – 467 Kiewa St, Albury**



This is a 2 session program—to complete the program you will need to attend all sessions

**A free program for parents and carer's of adolescents.**

## Learn:

- Common ground shared by parents & reasonable expectations to hold about adolescents;
- New understandings of adolescence;
- Building relationship with your teenager and making the best of your non-crisis conversations with them; and
- Skills for tough conversations to handle those problems you just can't ignore.

**Bookings are essential please contact your  
Case Manager or RSVP by emailing  
ParentingRiverina@missionaustralia.com.au or contact  
Stacey on 6942 8001 or Jayne 0428 162 559**



Open to the  
community

Tea, Coffee and morning tea will be provided  
(Please advise of any special dietary requirements at time of  
RSVP)

Please note child care is not being provided

This course is being run by a Parentshop® licensed practitioner.  
[www.parentshop.com.au](http://www.parentshop.com.au)

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AUSTRALIA** | together  
we stand



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