

# Howlong Public School Newsletter



Thursday 7 November 2019

## Dates For Your Calendar

<b>Fri 8 November</b>	1/2P Assembly
<b>Fri 15 November</b>	K/A Assembly & 3/4C Oolong
<b>Week 7 &amp; 8</b>	Intensive Swim School

### Principals Report

Research confirms that the most important factor contributing to a student's success in school is the quality of teaching. Professional development is a vital process and the most effective strategy schools can implement to ensure that they meet this expectation. Teaching and non-teaching staff at Howlong Public School engage in all kinds of professional learning throughout the year. School leaders including Principals also need to learn and change in specific ways to effectively lead and guide their staff to improve the learning outcomes for all students.

Last week I attended the NSW Primary Principal Association Annual Conference in Sydney. It was a great experience and opportunity for me to participate alongside with about 600 colleagues in a collective leadership forum. 'Build Us' was the theme for the conference and the speakers had many different stories and discussions around why leadership matters.

Key speakers included Peter Baines, Dylan Alcott, the Honourable Julie Bishop and Brad Marshall. All speakers were amazing and inspiring to listen to. They have provided me with relevant and important information to reflect on my own leadership as well as new thoughts on different approaches to leadership.

I would like to share with you Brad Marshall's session on addressing excessive internet use amongst young people. He is a Child Psychologist and specialises in assessment, diagnosis and treatment of children, adolescents and young adults with a wide range of psychological, emotional and behavioural difficulties as well as treatment of young people experiencing excessive internet use or 'Internet Addiction' and related disorders.

Below is a link to Brad Marshalls website page to view and listen to some resources he has provided to parents with practical and concrete strategies to manage and maintain their children's technology diet.

<https://www.unpluggedpsychologist.com/>

**Mrs Bouts Sayasenh**  
Principal



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# Wirramena Excursion



# Year 2 Excursion to Wirraminna

At Wirraminna the tasks we did were: Ghost Hunt, Treasure Hunt and Pollinators. I liked the ghost hunt the best because we had to find 19 Australian animals. My group only found 17. The two we missed were: diamond firetail and brolga.

An excursion is a great way to teach because it encourages kids to want to learn. It is fun and learning at the same time. Wirraminna is a great place to go for an excursion for environmental classes.

By Toby Kirk

At Wirraminna we did a Ghost hunt, Treasure Hunt, looked at stuffed animals and shaking a tree. The activity that I enjoyed the most was the ghost hunt. I learnt about why some animals don't live in Burrumbuttock anymore. An excursion is a great way to learn because it encourages kids to learn. I recommend another excursion to Wirraminna because it is fun.

By Archie Weule

At Wirraminna we did a Ghost Hunt, Treasure Hunt and Flower Pollinators. The ghost hunt was my favourite. We had to find white animals to match. I also saw everlasting daisies and flowers called drumsticks. I think that it is a good idea for excursions.

By Tom Ballintine

At Wirraminna the tasks we did were: a Treasure Hunt, Ghost Hunt, 2 slide shows (Pollinators and the Ghosts of Wirraminna) and preserving animals.

My favourite task was the ghost hunt. My group found all of the ghost-like characters. I loved it because you got to go all around Wirraminna and got to find 20 native animals.

I definitely recommend an excursion as a great way to learn because you're learning but having fun at the same time – but not when it's hot and sunny. It's definitely good though.

By Isaac White

At Wirraminna we went on a Ghost Hunt. It was fun. We went in groups of five. My mum was a leader with Maddi, Alexa and Tilly was also in our group.

I enjoyed the ghost hunt the most. This is how you played it. You get a board with numbers and animals. When you find a cutout of an animal you look at it and check if it has a number and put the magnet number next to the animal. We were the first to finish. I think an excursion is a great thing for kids and I think it was fun. By Mayzie Boulton

At Wirraminna we did a Ghost Hunt, Treasure hunt, looking at preserved animals, shaking a tree and looking at a flower for 5 minutes.

My favourite thing to do was the ghost hunt. My team found 19/20 animals. We had to go around the path and look at the map to see where the ghosts were.

I think an excursion is a good way to learn because its different and lets us connect with nature more! I would recommend another excursion to Wirraminna because it's fun and lets us learn something new. By Mia Howard

Yesterday the year 2's went to Wirraminna. We did a Ghost Hunt, Treasure Hunt, tree shaking and Pollinators. My favourite was the tree shaking. We had to shake a tree and see what fell into the tub. I think an excursion is a good way to learn differently to what we do at school. I definitely would recommend another excursion to Wirraminna to learn more new things. By Ella Breden

At Wirraminna we went on a treasure hunt and we found a bee.

By Raymond Knight

At Wirraminna we went on a ghost hunt in groups. We nearly found all of the shaped animals. Before lunch we did a treasure hunt and had to find flowers. By James Fuerherdt

At Wirraminna we did a Ghost Hunt, Bush Treasure Hunt and learnt about polliators and the corroboree frog. I enjoyed the ghost hunt the most because we got to explore around Wirraminn to try and find little ghost animals. I learnt that animals come and go. I think an excursion is a good way to learn because it disguises learning in a fun way. By Campbell Steers

At Wirraminna we did the Ghost Hunt. We had a map and we hiked to all the bushes and trees but I had an allergic reaction to the native grasses. I enjoyed the inside activity where we got to look at the preserved animals. I learnt that Australia has found a new fish. An excursion is a great way to learn because it is outside and different learning than usual. I would definitely recommend a Wirraminna excursion but just not on a really hot day. By Sophie Norris

At Wirraminna we did a ghost Hunt. They were not real ghosts. We had a map and we had to run around an find the ghosts. It was my favourite. Excursions are good because you can learn more.

By William Bell

We went on a Ghost Hunt, Treasure Hunt and watch what landed on flowers. On the ghost hunt we had to walk around the park to find 20 animals. I learnt that there is female and male flowers. By Mitch Pumpa

At Wirraminna we went on a ghost Hunt and my group found all the wooden shaped white animals on trees. We did a Treasure hunt. We had a sheet and we had to find everything like gumnuts, flowers, grass seed heads and chewed leaves. By Jayden Quirk



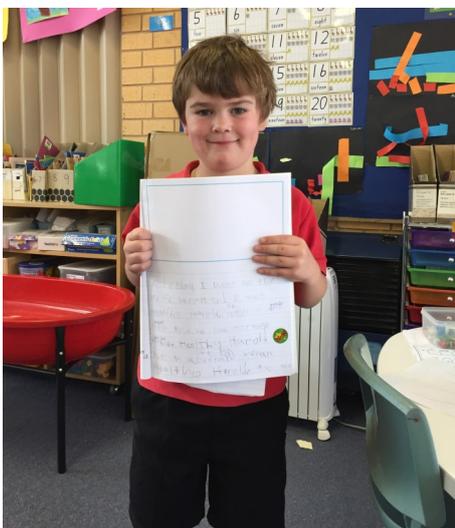
# Life Education



## Healthy Harold

On Friday 3/4B went out to Healthy Harold, we had Steph and she talked about cyber bullying and not to give any one your details. We did some really fun games then Healthy Harold poked his head in and was really funny. We all had a really fun time and hope she can come back next year.

By Jayden Carroll



Brax from K/A was inspired by Healthy Harold to write an amazing recount of his experience in the Life Education van.



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# Life Education

## Healthy Harold

When we first came in Steph introduced us to cyberbullying, she gave some examples of what cyberbullying was and how we could avoid being bullied online. Overall we had a great time.

BY Jett Murphy



5/6J had our Life Education session about respectful relationships and communication.



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# PBL Wristbands

When students at Howlong Public School are seen displaying the four PBL values of safe, respectful, responsible or active learner, they are given a PBL ticket. Once students receive 10 tickets, they are presented with a coloured PBL wristband that is engraved with the value they have been displaying. These wristbands are a celebration of students who consistently demonstrate our four values at school.



**Congratulations to the following students who received their PBL wristbands this week:**

**Yellow**-Judd Murphy & Campbell Steers.

**Green**-Judd Murphy.

## **What is PBL and why do we implement it at our school?**

Positive Behaviour for Learning (PBL) is an educational process that brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture. The PBL framework assists schools to improve social, emotional, behavioural and academic outcomes for children and young people. PBL is a process, not a program.

Students and staff benefit from:

- reduced problem behaviour
- increased time focused on instruction
- improved social-emotional wellbeing
- positive and respectful relationships among students and staff
- better support for teachers to teach, model and respond effectively to student needs
- a predictable learning environment where staff and students know what is expected to deliver effective practices that can be sustained over time.

PBL can be implemented in any school setting to support students from pre-school through to Year 12. The PBL framework helps schools identify and successfully implement evidenced-based whole-school practices that enhance learning outcomes for children and young people.



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# HOWLONG CRICKET



## CLUB

Junior Blaster and Master Blaster Programs

**Junior Blasters Program (5-7 year olds)** starts Wednesday  
November 20  
5pm - 6pm  
6 x 1 hour sessions

**Master Blasters Program (7-10 year olds)** starts Thursday  
November 21  
5pm - 7pm  
8 x 1 hour sessions

All players must be registered through  
[www.playcricket.com.au](http://www.playcricket.com.au)  
Howlong Cricket Club Junior Coordinator: Rowan Hall  
Mobile: 0428169973  
Email: [howlongccjunior@gmail.com](mailto:howlongccjunior@gmail.com)

All programs are to be held at the Howlong Cricket Club Oval  
Players should arrive 10 minutes prior to program start times.  
Active kids vouchers may be used to offset the cost of these programs. All  
equipment and clothing is included in the cost.



The Scots School Albany  
**COUNTRY FAIR**  
SATURDAY 23RD  
NOVEMBER 2019  
3.00pm • 7.00pm  
393 Perry St, Albany

RIDES HOT RODS ACTIVITIES FOR ALL AGES  
MARKET STALLS FOOD TRUCKS HIGH TEA   
BAKEHOUSE PERFORMANCES

FOR MORE INFORMATION VISIT OUR WEBSITE

## HOWLONG LITTLE ATHLETICS

Monday nights, starting 4<sup>th</sup> November

5.30-7.00pm, Lowe Square Sports Grounds

*Come along*

HOWLONG LITTLE ATHLETICS  
Monday nights - 5.30-7.00pm  
Lowe Square Sports Grounds

Children, come along and be supported and encouraged to learn and improve your skills in athletics events in a fun and fabulous environment. We welcome all primary school aged children.

If your child would like to come and give it a try, they are more than welcome, just turn up. To join, the registration cost is \$100 via the Victorian Little Athletics website. Active kids vouchers can be used.



We are a family orientated group where children are encouraged to learn and improve the skills needed for short and long distance running, hurdles, long jump, high jump, shot put and discus. We meet Mondays 5.30pm-7.00pm at Lowe Square Sports Grounds through the summer months, breaking over the Christmas school holidays and resuming with the start of school in the new year. The cost is \$100 per child and Active Kids vouchers can be used. You can register online through the VIC Little Athletics portal.

Please contact Laura Simpson on 0419 998 311 for any enquiries.



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# Howlong Public School



## TERM 4, 2019

Month	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
OCTOBER	1	14	15 Stage 1 Wonga Wetlands	16	17	18 Super 8's Cricket	19/20
OCTOBER	2	21	22 Cricket Knockout	23 Showcase of Learning	24	25 1/2 Assembly  Grandparents Day	26/27
OCTOBER/ NOVEMBER	3	28	29 PBL Crazy Hair Day	30	31 Life Ed	1 Life Ed Tastes of AHS/ Astra 11am-1:30pm	2/3
NOVEMBER	4	4 Life Ed	5	6 Kinder 2020 Parent Interviews	7 Drought Fundraiser	8 1/2P Assembly	9/10
NOVEMBER	5	11	12	13 Transition to School 9:30-11am	14	15 KA Assembly 3/4C Oolong	16/17
NOVEMBER	6	18	19	20 Transition to School 9:30-11am	21	22 KCN Oolong	23/24
NOVEMBER/ DECEMBER	7	25 Intensive → Swim 9-12 Swim School 12-2 (all week)	26	27 Transition to School 9:30-11am	28	29 5/6S Oolong	30/1
DECEMBER	8	2 Intensive → Swim 9-12 Swim School 12-2 (all week)	3 AHS Orientation 9am-3pm	4 Transition to School 9:30-11:30am	5	6 KCN Assembly – Leaders announced Helpers Afternoon Tea 1:30-2:15pm	7/8
DECEMBER	9	9	10	11 Presentation Day 10-11am	12 Christmas Scripture Service	13 Year 6 Fun Day	14/15
DECEMBER	10	16	17 Year 6 Dinner	18 Last day of school	19 S.D.D.	20 S.D.D.	21/22
DECEMBER	HOLIDAYS	23	24	25	26	27	28/29
DECEMBER/ JANUARY	HOLIDAYS	30	31	1	2	3	4/5

Respectful, Responsible, Safe, Active Learners



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